

# Connect with a support group



Support groups can provide an opportunity to openly express how you are feeling and coping, with people who understand what you may be going through. Lung Foundation Australia supports a network of online and face-to-face support groups for people impacted by lung disease and lung cancer. These groups provide a safe environment for people to share and encourage each other.

## Men impacted by Scleroderma

Lung Foundation Australia is proud to be partnering with Scleroderma Australia to provide an online community for men living with Scleroderma, or caring for someone who is. This is a space to listen to each other's experiences without judgment, share stories, resources, questions and tips, and to encourage each other to manage this condition. To join this welcoming and private community, express your interest via the QR code below and we'll be in touch.



### Express your interest

by scanning the QR code, calling Lung Foundation Australia on freecall **1800 654 301** or by visiting <https://lungfoundation.com.au/support-and-resources/support-groups/>



scleroderma australia



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