



Participants Wanted

The Scleroderma HeartBeat Study

Who can participate?

We are looking for people **with scleroderma and without any history of heart disease** to look closely at heart health.

What are we asking?

We are looking to compare the rhythm and function of the heart in people without Scleroderma to those who have Scleroderma.

What is involved?

- 3-4 study visits over 12 months
- Heart ultrasound (echocardiogram)
- Cardiac magnetic resonance imaging (MRI)
- 48-hour heart rhythm monitor (Holter Monitor)
- Cardiopulmonary exercise test (scientific fitness testing)
- Blood test

Why you should get involved:

- Free in-depth health assessment and summary of results
- Contribute to new research helping understand the heart in Scleroderma
- Approved by St Vincent's Hospital Ethics Department

If you are interested in this study or would like more information, please contact Dr Jessica Fairley, Scleroderma Research Fellow, SVHM

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